Linking you to research, resources, learning and library news

The Library Link

Volume 1 Issue 1 | November 2026 | library@merseywestlancs.nhs.uk

CONTENTS

- Welcome!
- Resource of the Month: Fiction Collection
- Research Radar
- Staff Publication Highlight
- Book Spotlight
- Topic of the Month: Communication
- View from the Helpdesk
- Green Libraries Week



RESOURCE OF THE MONTH

Recent neuroscientific research carried out by **The Queen's Reading Room** revealed that just **5 minutes of reading** can reduce stress by nearly 20%, improve concentration and focus by as much as 11% and that reading earlier in the day can help readers feel more connected to others and ready to tackle challenges. They also discovered that reading a work of fiction can significantly reduce feelings of loneliness.

All good reasons to explore our **Fiction Collection** this Autumn, available in our libraries to borrow or reserve.



WELCOME!



Welcome to the first issue of Library Link, your new Library & Knowledge Service newsletter!

Whether you're looking for the latest resources, service updates, learning opportunities, or just a helpful tip, we've got you covered. Published monthly, Library Link is designed to keep you informed, connected, and inspired.

Please let us know what you think of our newsletter and if there is anything you would like to see in it.

Research Radar

Highlighted content from recent key journals and Clinical Decision Support Tools.

Highlighted content from recent **key journals** and **Clinical Decision Support Tools.**

If you would like the full-text of any of these articles please email us at **library@merseywestlancs.nhs.uk**

Kinsella, C.E. et al. (2026) **Use of selective one-lung ventilation as an option for the management of persistent pneumothorax in a preterm neonate**. *BMJ Case Reports*. 19(10), p.e270361. Available at: **https://doi.org/10.1136/bcr-2025-270361**

Borthwick, Y. and Brown, L. (2026) **Beyond information: empowering self-management through early intervention and shared responsibility**. *British Journal of Community Nursing*. 31(S10), pp.S35-S36. Available at: **https://doi.org/10.12968/bjcn.2026.0156**

Riedl, M.A. et al. (2026) **Oral deucrictibant for on-demand treatment of hereditary angioedema attacks: a phase 3, multicentre, randomised, double-blind, placebo-controlled crossover trial**. *The Lancet*. Pub online 08 Oct. Available at: **https://doi.org/10.1016/S0140-6736(26)01296-1**

ONLINE RESOURCES

The library subscribes to a wide range of electronic journals, databases and evidence based tools to ensure you have access to the **latest information** and research in your speciality.

Click **here** to access a wide range of online resources.



The **Staff Publications page** on our website is where we record all the articles, books, conference posters etc that any member of **#TeamMWL** has contributed to.

Check out **our website** to see if your work is on there - if it isn't, complete the form on the page and we'll add it. We love to celebrate our colleagues just like the recent publication below we were notified about:

Hepworth, LR; Hill, AM et al. (2026). **Care and services for children with cerebral visual impairment – barriers, facilitators and experiences: a mixed-methods systematic review**. *Disability and Rehabilitation*. Available at: **https://doi.org/10.1080/09638288.2026.2731077**

Did you know?

We have **2,329 Staff Publications** recorded as of October 2026!

OUR BOOKS & EBOOKS

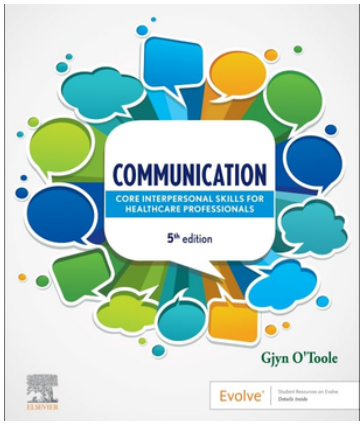
Access our Online Catalogue

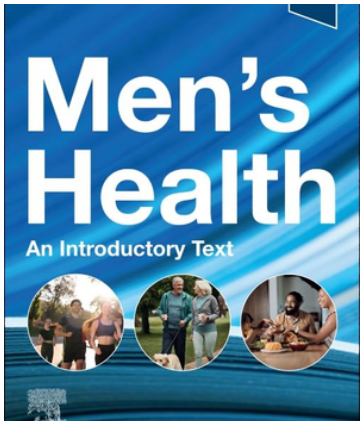
Our library catalogue is available **online** and lists all the books in stock at MWL Libraries, as well as titles available at other NHS Libraries in the North West - all of which are available to borrow.

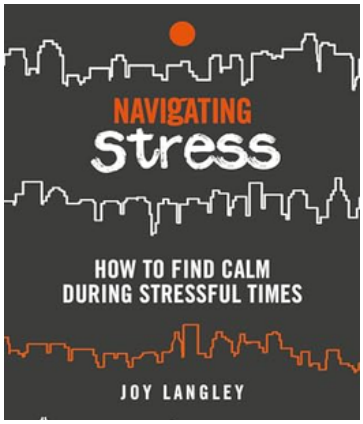
Please contact us if you'd like more information.

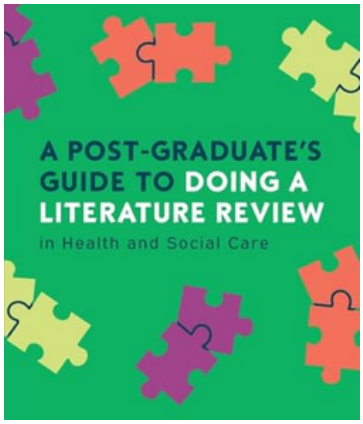
BOOK SPOTLIGHT

A sneak peak at the books we will be promoting on our social media in November!









If you would like to **reserve** any of these titles, please click on the picture and it will take you to our catalogue, where you can login with your **library barcode** and reserve it.

Don't have a barcode? Email the library **library@merseywestlancs.nhs.uk** and we'll reserve it for you and also send you your barcode.

TOPIC OF THE MONTH



Our Topic of the Month for November is **Communication**. We have put together a **resource guide** which includes podcasts, books, journal articles and more with the aim of improving outcomes through better patient and interdisciplinary communication.

You can get an early view online **here**, or look out for our displays in the Whiston and Southport libraries from November.

VIEW FROM THE HELPDESK

This month we celebrated many events including **SAS week** and **Black History Month**.







GREEN LIBRARIES WEEK

Green Libraries Week (21-28 October 2026) is a UK-wide campaign celebrating the role libraries play in supporting sustainability and environmental awareness. To mark the week, we **showcased** a range of resources and initiatives to help staff make greener choices.

Borrowing library resources is a simple way to reduce consumption.

You can search our sustainability range of resources online **here** and read our sustainability and environmental newsletter **here**. Why not call into Southport Library's Seed Library, where staff can take away free vegetable, flower or herb seeds?



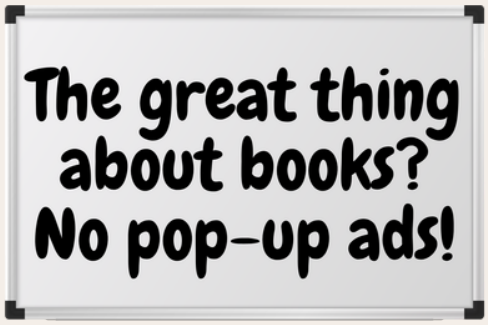


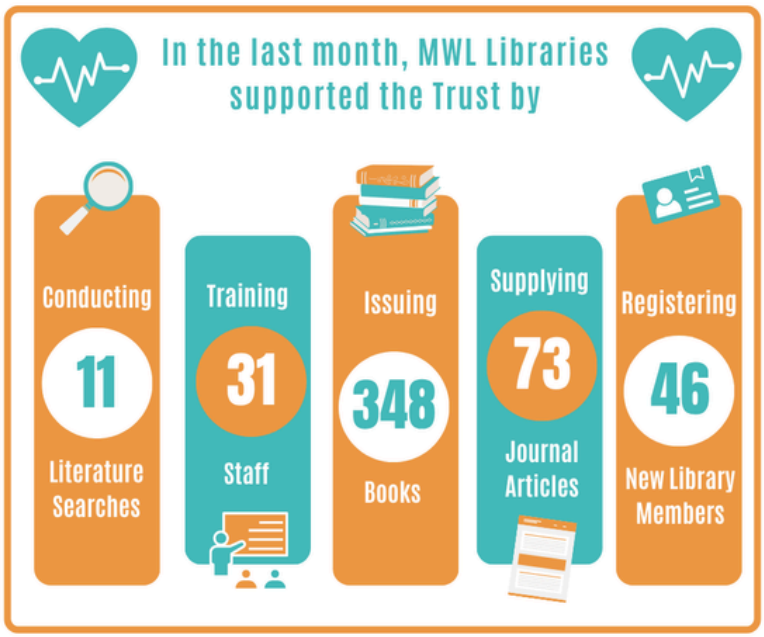
DID YOU KNOW?

You can access **thousands** of articles with your **FREE NHS OpenAthens** account?

Don't have one? Sign up **here**

Any problems **contact the library** and we can help you.





These are just some of the ways we have supported the Trust recently. If you think we could support you, your team or your department please **contact us**.

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