



# TOPIC OF THE MONTH

## DYING MATTERS

Additional resources to support this month's Topic of the Month

If you are unable to access any of the articles in full text via your **NHS Open Athens** account, you can request them from your local NHS Library Service or you can sign up for NHS OpenAthens [here](#)



### QUIZ



#### **Find out your compassionate superpower score!**

During challenging conversations, do you ever avoid emotional topics? Or worry about saying the wrong thing? Take this short quiz to discover how you can have meaningful and compassionate conversations with other people at work, in the community or at home.



### LISTEN



#### **Part of Life : First Person Podcast**

Stories told by palliative professionals, carers and those living their last days, this honest and positive podcast aims to destigmatise death and dying and enrich the understanding of anyone seeking to learn more about the inevitable.



### READ



#### **Living with the Dead: Memories, Histories, and the Stories Families Tell in Modern Britain by Laura King**

Free to read online.

## GUIDELINES & STANDARDS

- [Care of dying adults in the last days of life : NICE guideline NG31](#)
- [End of life care for adults : Quality standard QS13](#)



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### WEB RESOURCES

- **Decisions relating to CPR (cardiopulmonary resuscitation)** [BMA guidance](#)
- **Treatment and care towards the end of life: good practice in decision making** [GMC Professional Standard](#)
- **One Chance to Get It Right** [Leadership Alliance for the Care of Dying People](#)
- **Communication at the end of life** [BJN Inform](#) \*
- **Palliative care: The last hours and days of life** [UpToDate](#) \*
- **Chapter 11: Symptom control and care towards the end of life** [Royal Marsden Manual of Clinical and Cancer Nursing Procedures](#) \*

\* NHS OpenAthens Account required

### ORGANISATIONS



### LATEST RESEARCH

Leung, M.S. et al. (2026). Coping of informal caregivers for people with terminal illnesses: A systematic review and metasynthesis. *Palliative Medicine*. 40(3), pp.344-357. [Online]. **Available at:** <https://doi.org/10.1177/02692163251411767>

Nappa, U. et al. (2026). Storytelling near the end-of-life: Contingency modes in conversations with relatives of patients receiving palliative care: A qualitative study. *Death Studies*. 50(4), pp.499-508. [Online]. **Available at:** <https://doi.org/10.1080/07481187.2024.2435924>



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### LATEST RESEARCH

Holland-Hart, D. et al. (2026). Death literacy: A document analysis review of the United Kingdom's four countries' policies. *Palliative Care and Social Practice*. 20, pp.1-25. [Online]. **Available at:** <https://doi.org/10.1177/26323524251408431>

Versluis, M.A.J. et al. (2026). Death Anxiety During the Last Year of Life in Patients With Advanced Cancer: Longitudinal Results From the eQuiPe Study. *Psycho-Oncology*. 35(3), p.e70429. [Online]. **Available at:** <https://doi.org/10.1002/pon.70429>

Freitas da Costa, B. et al. (2026). Pharmacological Management of Anxiety in End-of-Life Care: A Systematic Review of Benzodiazepines, Opioids, and Psilocybin. *Human Psychopharmacology : Clinical & Experimental*. 41(1), p.e70032. [Online]. **Available at:** <https://doi.org/10.1002/hup.70032>

Herbst, F.A. et al. (2026). "Has Anyone Been There Now?": An Interview Study on the Support Experiences and Unmet Needs of Informal Long-Distance Caregivers for Patients at the End of Life. *OMEGA - Journal of Death and Dying*. 93(1), pp.615-635. [Online]. **Available at:** <https://doi.org/10.1177/00302228241243110>

Schwalbach, T. et al. (2026). Family Bereavement Support Interventions in Specialist Adult Palliative Care: A Rapid Mixed-Methods Systematic Review. *Journal of Advanced Nursing*. 82(5), pp.4682-4713. [Online]. **Available at:** <https://doi.org/10.1111/jan.70193>

Scheeres-Feitsma, T.M. et al. (2026). Bringing up the end of life and euthanasia. A mixed method study on consultations with people with dementia and their families in the hospital setting. *Palliative Medicine*. 40(4), pp.546-555. [Online]. **Available at:** <https://doi.org/10.1177/02692163261416275>

Giubilato, S. et al. (2026). Improving end-of-life care in the cardiac intensive care unit: Navigating the challenge of timing palliative care interv. *European Journal of Clinical Investigation*. 56(2), p.e70174. [Online]. **Available at:** <https://doi.org/10.1111/eci.70174>

Juhrmann, M.L. et al. (2026). 'Saying goodbye'. . . A systematic integrative review of palliative caregiving in intergenerational living contexts. *Palliative Medicine*. 40(1), pp.31-49. [Online]. **Available at:** <https://doi.org/10.1177/02692163251394880>

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Don't have one? Contact the **Library** for help

MAY 2026



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### EVENTS, CONFERENCES & TRAINING

#### MWL Palliative and End of Life Conference

EDGE HILL UNIVERSITY

11<sup>th</sup> May 2026

#### Dying Matters Awareness Week

VARIOUS

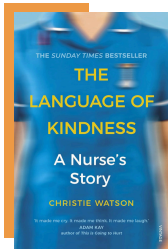
4<sup>th</sup>-10<sup>th</sup> May 2026

#### Introduction to End of Life Care for Southport & Ormskirk Hospital Non Registered Health Care Professionals

CLINICAL EDUCATION CENTRE, SOUTHPORT HOSPITAL

5<sup>th</sup> June 2026

### FEATURED BOOKS

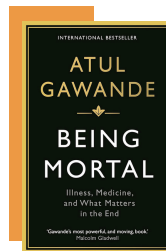


Christie Watson

The Language of Kindness

2019

ISBN: 9781784706883

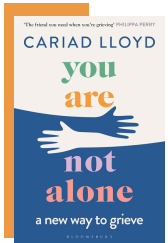


Atul Gawande

Being Mortal

2015

ISBN: 9781846685828

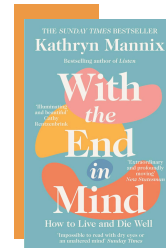


Cariad Lloyd

You are not alone

2024

ISBN: 9781526621870



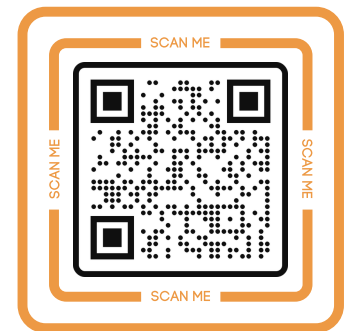
Kathryn Mannix

With the End in Mind

2022

ISBN: 9780008210915

[Search the MWL Library Catalogue here for more](#)



### CONTACT US



If you have any questions or need any help or advice, please contact the **MWL Library and Knowledge Service**

We can conduct specific literature/evidence searches for you, help you find information to update policies and procedures, conduct 1:1 or group training sessions, provide help with studying, and much more!

**[library@merseywestlancs.nhs.uk](mailto:library@merseywestlancs.nhs.uk)**

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