



TOPIC OF THE MONTH

ALCOHOL AWARENESS

Additional resources to support this month's Topic of the Month

If you are unable to access any of the articles in full text via your **NHS Open Athens** account, you can request them from your local NHS Library Service or you can sign up for NHS OpenAthens [here](#)



TEST

Alcohol Use Disorders Identification Test (AUDIT)

AUDIT is a comprehensive 10 question alcohol harm screening tool. It was developed by the World Health Organisation (WHO) and modified for use in the UK and has been used in a variety of health and social care settings.



LISTEN



Alcohol Free Life

Presenter and author of Happy Healthy Sober and founder of The Sober Club, Janey Lee Grace has a regular podcast covering everything from alcohol and mental health to mocktails.



READ



"We Never Give Up on Anyone": The Story of Building Alcohol Care Teams

In this blog from the Alcohol Health Alliance, Dr Kieran Moriarty CBE reflects on more than 35 years of pioneering work to transform the way hospitals support people with alcohol-use disorders.

GUIDELINES & STANDARDS

- [Alcohol-use disorders: diagnosis, assessment and management of harmful drinking \(high-risk drinking\) and alcohol dependence - NICE Clinical Guideline CG 115](#)
- [Clinical guidelines for alcohol treatment - Department of Health and Social Care](#)



TOPIC OF THE MONTH

ALCOHOL AWARENESS

Additional resources to support this month's Topic of the Month

WEB RESOURCES

- **ASSIST-Lite screening tool** [Public Health England](#)
- **Alcohol dependency programme** [NHS England](#)
- **Alcohol use disorder** [BMJ Best Practice](#)
- **Understanding alcohol and substance misuse** [BJN Inform](#) *
- **Alcohol Consumption Screening AUDIT Questionnaire** [BMJ Best Practice](#)
- **Alcohol Use Disorder : Treatment Overview** [UpToDate](#)

*

NHS OpenAthens Account required

ORGANISATIONS



LATEST RESEARCH

Toop, A. (2025). Alcohol Use Disorder and the impacts of stigma. *Gastrointestinal Nursing*. 23(Supp. 6), pp.S16-S20. [Online]. **Available at:** <https://doi.org/10.12968/gasn.2025.0024R2>

Gilmore, W.; Gilmore, I. (2025). Preventing Alcohol-Related Harm: Effective Strategies and the Role of Health Professionals. *British Journal of Hospital Medicine*. 86(8), pp.1-12. [Online]. **Available at:** <https://doi.org/10.12968/hmed.2024.0719>



TOPIC OF THE MONTH

ALCOHOL AWARENESS

Additional resources to support this month's Topic of the Month

LATEST RESEARCH

Holmes, J. et al. (2026). Zero tolerance for 0%? How should clinicians and other practitioners respond to the use of alcohol-free and low-alcohol products in higher risk groups. *Addiction*. 121(5), pp.1036-1041. [Online]. Available at: <https://doi.org/10.1111/add.70244>

Dasarathy, D.; Attaway, A.H. (2026). Age-related impact of outcomes in hospitalized patients with alcohol overuse. *Alcohol : Clinical & Experimental Research*. 50(1), p.e70219. [Online]. **Available at:** <https://doi.org/10.1111/acer.70219>

Bisschop, J.M. et al. (2025). Screening instruments to detect problematic alcohol use among adults in hospitals and their diagnostic test accuracy: A systematic review. *Drug and Alcohol Review*. 44(2), pp.505-531. [Online]. **Available at:** <https://doi.org/10.1111/dar.13987>

Phillips, T. et al. (2025). Predictors of 30-day readmission among those treated with alcohol withdrawal in acute hospitals in England. *Alcohol and Alcoholism*. 60(3) [Online]. **Available at:** <https://doi.org/10.1093/alcalc/agaf022>

Neale, J. et al. (2024). Inpatient detoxification for alcohol and other drug use: qualitative study of patients' accounts of their relationships with staff. *Addiction Science & Clinical Practice*. 19(89) [Online]. **Available at:** <https://doi.org/10.1186/s13722-024-00523-0>

Cole, K.O. et al. (2025). Impact of an electronically-integrated clinical pathway on hospital initiation of medications for alcohol use disorder and subsequent hospital utilization. *Journal of Hospital Medicine*. 20(10), pp.1044-1051. [Online]. **Available at:** <https://doi.org/10.1002/jhm.70049>

Farkas, A.N. et al. (2025). Presentation to emergency departments with intoxication as an indicator of alcohol use disorder. *Alcohol and Alcoholism*. 60(4), p... [Online]. **Available at:** <https://doi.org/10.1093/alcalc/agaf041>

Lebin, J.A. et al. (2026). Characteristics of Emergency Department Visits Among Midlife and Older Adults Screening Positive for Alcohol Misuse. *Academic Emergency Medicine*. 33(3), p.e70246. [Online]. **Available at:** <https://doi.org/10.1111/acem.70246>



TOPIC OF THE MONTH

ALCOHOL AWARENESS

Additional resources to support this month's Topic of the Month

EVENTS, CONFERENCES & TRAINING

Alcohol Awareness Week

VARIOUS

6th – 12th July 2026



Alcohol Identification and Brief Advice

ONLINE

Anytime



PROGRESS Webinar –

Alcohol Awareness Week

ONLINE

9th July 2026

FEATURED BOOKS



John B Saunders et al

Oxford Handbook of
Addiction Medicine

3rd Edition, 2024

ISBN: 9780192844088



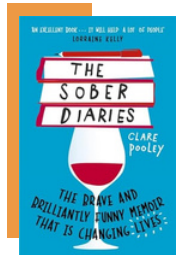
Robert D Lovinger MD

Addiction Medicine for
Health Care Professionals

2019

ISBN: 9780323680172

[Search the MWL Library
Catalogue here for more](#)

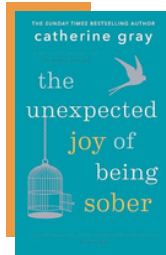


Clare Pooley

The Sober Diaries

2018

ISBN: 9781473661905



Catherine Gray

The unexpected joy of being
sober

2017

ISBN: 9781912023387



CONTACT US



If you have any questions or need any help or advice, please contact the **MWL Library and Knowledge Service**

We can conduct specific literature/evidence searches for you, help you find information to update policies and procedures, conduct 1:1 or group training sessions, provide help with studying, and much more!

library@merseywestlancs.nhs.uk

Southport & Ormskirk 01704 704202

St Helens & Knowsley 0151 430 1342

JULY 2026