



MIDWIFERY UPDATE

A round up of the latest publications, research and news for MWL staff



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QUICK READS

[No safety net for new parents, as nine out of ten report feeling overwhelmed](#)

New research from the NCT provides insight into what it is like to be a parent today. The report reveals six out of ten new parents say they feel lonely or isolated at least some of the time (62%), with more than one in ten (12%) saying they always felt lonely after having a baby

[RCP warns maternal obesity is an urgent and growing threat to women and babies](#)

The RCP has warned that obesity in women and people of childbearing age is an urgent and growing public health concern in the UK, and that action must be taken to reduce preventable risks to women and babies

[‘Enough is enough’: Royal College of Midwives calls for the Government to take urgent action with safe staffing campaign](#)

The RCM is calling on the Government to take urgent action to address chronic staffing shortages in maternity services that are putting women, babies and staff at risk

[Tackling vaccine hesitancy among pregnant women](#)

Nurses and other healthcare professionals across general practice and maternity services must ensure they ‘feel confident’ in having discussions with pregnant women around vaccinations, a webinar focused on tackling vaccine hesitancy has heard

[New research reveals ‘postcode lottery’ for second trimester baby loss](#)

The care that women receive following a miscarriage during the second trimester of pregnancy varies according to where in the UK and Ireland the woman is treated, new research shows.

GUIDELINES

- [NICE Pregnancy Overview](#)
- [The RCM Workforce Standards](#)
- [NMC Standards for Midwives](#)



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WEB RESOURCES

- [What's New in Obstetrics & Gynecology February 2026 UpToDate *](#)
- [Ectopic Pregnancy CLINICAL KEY OVERVIEW **](#)
- [RCP View on Maternal Health and Obesity 2026 NEW REPORT](#)
- [Trusted Information Collection – Pregnancy and Childbirth RESOURCES](#)
- [Maternal Mortality 2022–2024 MBRRACE-UK REPORT](#)
- [Fetal Monitoring in Labour \[NG229\] NICE GUIDELINE UPDATED](#)

* This can be accessed through the **UpToDate icon** on Trust desktops and by creating an UpToDate account. Once this is done, UpToDate can be accessed from any personal device as an app

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ORGANISATIONS



LATEST RESEARCH

Rattanakanokchai, S. et al (2026) Methods of induction of labour: a network meta-analysis. *Cochrane Database of Systematic Reviews*, Issue 1. Art. No.: CD015234. Available at: <https://www.cochranelibrary.com/cdsr/doi/10.1002/14651858.CD015234.pub2/full>

Marks, L.M. et al (2026) Psychological training and support in navigating the emotional impact of work: a qualitative study. *British Journal of Midwifery*, 34(1). Available at: <https://www.magonlinelibrary.com/doi/full/10.12968/bjom.2024.0070>



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LATEST RESEARCH

Hopley, R., McCormack, F. and Cust, F. (2026) Challenges recruiting for a peer support intervention for pregnant teenagers with antenatal depression. *British Journal of Midwifery*, 34(1). Available at: <https://www.magonlinelibrary.com/doi/full/10.12968/bjom.2025.0062>

Demissie, D.B., Kaura, D.K. and Schreve, K. (2026) Artificial intelligence technologies in ultrasound-based monitoring of labour progress: a scoping review. *British Journal of Midwifery*, 34(1). Available at: <https://www.magonlinelibrary.com/doi/full/10.12968/bjom.2025.0051>

D'Antonio, F., Flacco, M. et al (2026) Prenatal paracetamol exposure and child neurodevelopment: a systematic review and meta-analysis. *Lancet Obstet Gynaecol Womens Health*. Available at: [https://www.thelancet.com/journals/lanogw/article/PIIS3050-5038\(25\)00211-0/fulltext](https://www.thelancet.com/journals/lanogw/article/PIIS3050-5038(25)00211-0/fulltext)

Andersen, C. et al (2025) Low versus high haemoglobin concentration threshold for blood transfusion for preventing morbidity and mortality in very low birthweight infants. *Cochrane Database of Systematic Reviews* Issue 12. Art. No.: CD000512. Available at: <https://www.cochranelibrary.com/cdsr/doi/10.1002/14651858.CD000512.pub3/full>

Ferguson, B. and Capper, T. (2025) Role of intrapartum epidural analgesia in severe maternal morbidity: are there benefits beyond pain relief? *Evid Based Nurs*. Dec 15;29(1):22. Available at: <https://pubmed.ncbi.nlm.nih.gov/39209343/>

Phillipi, M. and Caughey, A.B. (2025) Midwife-led care for the induction of labour with a Foley catheter and subsequent amniotomy is associated with equivalent maternal outcomes but worse neonatal outcomes. *Evid Based Nurs*. Dec 15;29(1):24. Available at: <https://pubmed.ncbi.nlm.nih.gov/39477514/>

Shoshshan, D. and Hardie, K. (2025). Women's perceptions of intrapartum perineal care. *British Journal of Midwifery*, 33(12). Available at: <https://www.magonlinelibrary.com/doi/full/10.12968/bjom.2024.0112>

Danopoulos E, et al (2025) Accuracy and clinical effectiveness of fetal growth monitoring strategies for the prediction of small for gestational age at birth: a systematic review and meta-analysis. *Health Technol Assess*. Dec;29(62):1-216. Available at: <https://pubmed.ncbi.nlm.nih.gov/41355379/>

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MARCH 2026



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EVENTS, CONFERENCES & TRAINING

[Managing Nausea and Vomiting in Pregnancy](#)

[ONLINE](#)

[Self-Directed Learning](#)

[Birth Debrief: Why Debrief Can Do Harm and How to Actually Help](#)

[ONLINE](#)

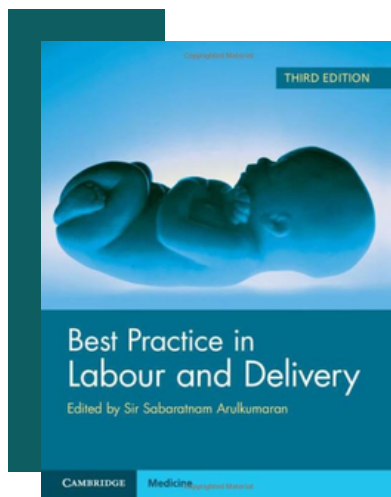
[Self-Directed Learning](#)

[International Confederation of Midwives Annual Conference 2026](#)

[IN-PERSON - LISBON,](#)

[14th - 18th June 2026](#)

FEATURED BOOK



Sabaratnam Arulkumaran
(editor)

Best practice in labour and delivery

3rd Edition

2025

ISBN: 9781009497435

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